

Dear Parents and Caregivers

We have had a wonderful start to our Arts Festival. Thank you to all who were able to take the time to enjoy our Arts Talent Showcased at Mondays' special morning Assembly.

Fifteen of our students attended the National Young Leaders Day in Rotorua on Monday. By all reports it was a fantastic day and a magnificent opportunity for all. My thanks go to Melanie Lowe and those parents who supported this event.

Our annual Rippa Rugby Exchange with Fairhaven School on Tuesday this week provided us with a great opportunity to showcase our talents in this sporting arena. It was fantastic to get such positive feedback about our sporting ability, fair play and behaviour. We didn't win all our games but we gave it our best shot! My thanks go to Mr Avery, Miss Crabb and Mr Mano for their leadership and co-ordination of this event.

Pre PTP Indicator Reports will be sent home with Interview Booking instructions on Wednesday 2nd June. Please look out for these. For the first time this year you will be able book your interviews online for the Conferences to be held on **23rd and 24th June**. Please do not be concerned if you do not have access to the internet at home. There will also be an option to book interviews through the school, as you have done in the past.

We will be holding our Cross Country event this Thursday at Gordon Spratt Reserve. We will leave school at 10.10am and walk to the reserve. We anticipate that the events will begin at 10.35am. Please come along and support your child if you have the time.

Finally, another handy hint for improving learning from "Help Your Child Succeed at School" by Andrew Fuller.

How much sleep does my child need to succeed at school?

A good night's sleep (at least 8 hours) is essential for optimal brain functioning at school. Memory consolidation occurs during sleep, especially during dream (or REM) sleep. During the normal 8-9 hours of sleep, five dream (REM) cycles occur. Adolescents getting only 5-6 hours of sleep lose out on the last two cycles and reduce the amount of time the brain has to consolidate information. Teenagers need as much sleep as children, partly because their brains are

doing so much development.

Always remember there is no such thing as a sleep bank. So just because you slept 10 hours one night doesn't mean you can get away with only sleeping six hours the next night.

Students who don't get enough sleep have to work much harder to do well at school.

Regards - **Phil Friar (Principal)**

Whole School Cross Country
Thursday 20th May – 10:30
Gordon Spratt Reserve.

Apologies for the one week postponement of this event, but underfoot conditions and the threat of incoming rain made it an easy decision. We are "all systems go" for tomorrow Thursday 20th May starting shortly after 10:30 am at Gordon Spratt Reserve. Thanks to those parents who offered to come along and help, if you are available to help set up the course tomorrow meet Mr Avery and his team onsite at 10am. We look forward to a fine sunny day and a hard and fast track, perfect conditions for a Cross Country.

Make sure you bring a change of clothes to run in, something to eat, and plenty of water to drink.

Please note all pre-ordered juicies will be given out after the cross country.

MOTITI CAMP FUNDRAISING

Sausage Sizzle: To celebrate the end of arts festival week a warm and tasty sausage sizzle will be held next **Friday 28 May** by Motiti and the PTA. Sausages will be pre-sold Monday to Wednesday next week and a flyer will be coming home about the sausage sizzle this Friday with students. Sausages are only \$1.50-\$3.00 for two. Help Motiti raise funds and have a yummy lunch next Friday 28 May.

Zumba: Don't forget every Thursday in our hall from 2.45-3.15pm for only \$2. Come along and join in the fun—parents welcome at kids prices.

Entertainment Books: These great voucher books are once again for sale through Papamoa School's PTA. A sample copy is available to view at the office. If you wish to purchase one for \$55 - you can order through the office. Thank You.

Ed Alive Software CD Offer

"Maths Made Easy series" are available for just \$16.95 each (usually \$59.95) an information flyer was sent out last week for orders. Our school benefits from the sale of this educational software by receiving free licences for class sets. It follows the NZ Curriculum taught to your children. If you would like to place an order please bring your form and payment to the office by this **Friday 21 May**. (No eftpos available for orders sorry).

Book Fair

From **Tuesday 25 May 2.15-3.00pm**; then everyday 8.15-9.00am and 2.15-3.00pm until **Tuesday 1 June** outside Rooms 1 and 3. Please take this opportunity to browse the many great deals available exclusively for our school. 40% of total sales go back to purchasing books for our library. Every purchase also goes into a draw to win more books. (eftpos available).

School photos: These have arrived and will be handed out tomorrow. If you wish to collect the larger portraits these will be in your (eldest) child's class.

Sports News

Hockey and Netball teams have started for the season. Check the noticeboard out by the library for the weekly draws. Good luck with your games teams.

Ripper Rugby: Congratulations to our teams who went to Fairhaven yesterday to play.

Future Champions story that was filmed at Blake Park will be on TV next Saturday 29th May @ 8.00am on TV3 and repeated on Sky Sport channels. we advise all your participating students (general brief at start of day then Hockey, Football & Cricket codes were filmed).



Kiwifruit: We are fortunate to have received sufficient kiwifruit from Plant & Food Research to give each child free kiwifruit to take home on Friday.

Thank you to **John and Sheena Ellis** who have kindly donated 2 new left handed ukuleles to boost our school set of ukuleles from 18 to 20.



Community Notices



"THE LISA FARMINER FAMILY FUNDRAISER EVENT"

As a community school, we ask that you help us in supporting this fundraiser on **Saturday 5 June**. Lisa and Richard have three children (one currently a pupil and the other 2 who are ex-pupils of Papamoa School). We hope you can support us by:

- * Coming along to the fundraising evening - **Saturday 5 June (Live band, auction, and entertainment)** tickets \$50 per seat;
- * Donate an item suitable for auctioning;
- * By making a donation to 06 0301 0048809 001 (J Todd) or leaving in "Lisa's Box" in the office.
- * By a raffle ticket (\$2) see office for items / tickets.

Thank you so far to our sponsors, *Café Inspire, Designer Hair & Body, Merric Fashion, Paradise Building, Ray White, Shaun Looker Music, Stu Langdon, Repco (Mt), Icon Photography, Skyline Skyrides, Vulcanic Air Safaris*

Please pick up further information from the school office, or phone Tania on 542-3362 or 021-644-722. Thank You

- **Papamoa Swimming Club** AGM prizegiving—Sun 23 May at 3pm in the school hall. Swimmers please bring a plate.
- **Lions Club Fundraiser:** Saturday 29 May from 9am-4.30pm there will be collectors at Palm Beach Plaza, Fashion Is and Centa Max asking for donations to support the Lions Lodge which provides free accommodation/meals to patients and their families who require cancer treatment at Waikato. Please support them if you can. Thanks
- **BOP Rugby Holiday Programme:** 12-13 July 8.30am-3.00pm \$30 per child for years 3-8. For further details phone Sport Bay of Plenty on 578-0016 (ext 805) or further information is available from the office.
- **Babysitters** available for afterschool and weekends, reliable ex-students of Papamoa School (17 yrs). Ph/Txt Janey 542-0710 / 027-7173005 or Emma on 542-5432 / 0273727585.
- **Friends of Golden Sands School Meeting** Thurs 20 May at 7.30pm at Papamoa Coast Kindergarten. This meeting will be chaired by Sally Stuart and at least one member of the Establishment Board will be present. This is an action meeting where direction and priorities will be set so this is THE opportunity to get actively involved in your children's school. The major fundraising project will be the children's playground. Contact Sally@friends@goldensands.school.nz
- **NZ Maori v Ireland Rugby Test, Friday 18th June 2010**, Rotorua International Stadium—7.35pm Child \$10 Adult \$15.

CALENDAR OF EVENTS

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| Wed 19 May | PTA Meeting 7pm / staffroom |
| Thurs 20 May | School Wide Cross Country |
| Tues 25 May | Scholastic Book Fair |
| Wed 26 May | BOT Meeting 6.30pm |
| Mon 31 May | Mt Cluster Cross Country Champs |